

RUKMINI DEVI PUBLIC SCHOOL, ROHINI B-5, Sector-IV, Rohini

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Date: 01.04.2022

Website: www.rdpsrohini.edu.in

Circular No. 12/RDPS/2022-23 Syllabus for April-September (Duration: 01.04.2022 to 18.9.2022)

Class: VII

"Develop a passion for learning. If you do, you will never cease to grow."

Dear Parent(s)

With the vision of 'Excellence in Education' and aim to accomplish the set goals during the current transitional phase of learning for the young learners, RDPS continues to trail ahead towards the progressive session 2022-23.

Kindly note:

- The academic session will be divided in two Terms: Term-1 (Mid-Term) and Term-2 (Final-Term).
- 2. Post completing each chapter, a Chapter End Assessment, mapped with respective Learning Outcomes, will be conducted and evaluated as CEA by the respective subject teachers.
- 3. The marks for each CEA will be aggregated out of 20 in the Evaluation of Term-1 & Term-2 represented via Report Cards of Mid-Term & Final Term accordingly.
- 4. For Internal Assessment-1, 10 marks will be allotted as per the submission of Tutorial Sheet (TS) under Notebook Submission and 10 marks for Subject Enrichment Activity (SEA) along with CEA (20 marks as aggregate).
- Other necessary details w.r.t. Subject Enrichment Activities and Date sheet of Mid-Term Examination will be shared accordingly.

The syllabus to be covered during the month of April-September i.e. from 01.04.22 to 18.09.2022, is as given below:

Subject: English Syllabus: 2022-2023 Class : VII

Prescribed Books: CB: Collins Engaging English (7)

| GB: Revised | GB: Revised Collins English Grammar and Composition (7) | | | | |
|---|---|---|---|--|---|
| TEST / EXAM(M.M.) | CONTENTS TO BE COVERED | LEARNING OUTCOMES | CLASS USE OF ICT/LABS ACTIVITIES | | PARENTS' INVOLVEMENT |
| Prerequisite Knowledge Session 01.04.2022 To 05.04.2022 Working Days: 3 | Discussion of Grammar topics will be conducted in the class to brush up the previously covered concepts. Integrated Grammar Worksheet (Quiz/Google Form) Revision of Writing Skills topics covered in previous grade Reading Comprehension | Reading Skills: LO-Eng/VII/1: Answers questions orally and in writing on a variety of texts – both,familiar as well as unfamiliar. LO-Eng/VII/7: Reads textual/non-textual materials in English/Braille with comprehension. LO-Eng/VII/10: Reads to seek information in print / online, notice board, signboards in public places, newspaper, hoardings etc in order to seek/ gather information. LO-Eng/VII/12: Reads unfamiliar words in context in order to infer their meaning. LO-Eng/VII/13: Refers dictionary, thesaurus and encyclopedia to find meanings / spelling of words while reading and writing to demonstrate research skills. LO/Eng/VII/23: Reads tables, charts, diagrams and maps, and incorporates the information in writing in order to interpret them. | | Related videos will be shown on the following topics: Tenses:https://www.youtube .com/watch?v=RQx1BCG1D6 | Spend some time with your ward and play the following grammar games with him/her: https://www.education.com/game/sv-aqreement-qame/ https://www.education.com/game/treasure-diving-spelling-challenge/ https://www.education.com/qame/floyd-danger-sentence-sorting/ |
| Term -I 06.04.2022 | I | Literature: LO-Eng/VII/1: Answers questions orally and in writing on | Group Discussion: Divide | Hope is the Thing with Feathers: | Watch the movie 'Chronicles of Narnia' by C.S. Lewis with your ward and ask |
| To 11.09.2022 Working Days: 75 | L1: Three Questions (SDG 16) Unit 4: Transitive and Intransitive Verbs | a variety of texts- both,familiar as well as unfamiliar. LO-Eng/VII/2: Reads aloud stories and recites poems with appropriate pause, intonation and pronunciation. (ASL) LO-Eng/VII/3: Participates in different activities in English such as role play, poetry recitation, skit, drama, debate, speech, elocution, declamation, quiz, etc., organized by school and other such organizations in order to demonstrate | yourself into groups of four. Each group will research and discuss on the given topics: •How are children sometimes | https://www.youtube.com/wa tch?v=j3VWZJmuvhg Coromandel Fishers:https://www.youtube .com/watch?v=jplETDhz8Co Formal Letter Writing:https://www.youtube | some questions from him/her to see if he/she has understood the movie. Summarize the movie with your ward and share the same with the class along with some snapshots of your experience. Sit and have a conversation with your |

CEA: 13.04.2022 II

Unit 18:Phrases

CEA: 28.04.2022 III

- L2: Hope is the Thing with Feathers
- Unit 13: Determiners and Quantifiers
- CEA: 11.05.2022

IV

- Unit 5: Agreement of Subject and Verb
- CEA: 18.05.2022

V

- Unit 21: Types of Sentences: Structure
- CEA: 08.07.2022

VI

- L4: Coromandel Fishers
- Unit 22: Transformation and Synthesis

CEA: 18.07.2022

VII

- L8: Grannie (SDG
 3)
- Unit 2: Adjectives

CEA: 02.08.2022

VIII

 Unit 6: Primary and Modal Auxiliaries

CEA: 24.08.2022

IX

- L10: Dar es
 Salaam to Nairobi
 by Ford Prefect
- Formal Letter (Editorial: SDG)

CEA: 02.09.2022

-)
- Bio-sketch

fluency and comprehension of the language. (ASL)

LO-Eng/VII/7: Reads textual/non-textual materials in English/Braille with comprehension.

LO-Eng/VII/8: Identifies details, characters, main idea and sequence of ideas and events in textual / non-textual material in order to demonstrate comprehension of text and sequencing skills.

LO-Eng/VII/9: Thinks critically, compares and contrasts characters, events, ideas, themes and relates them to life in order to compare and contrast them.

LO-Eng/VII/11: Takes notes while teacher teaches /from books / from online materials.

LO-Eng/VII/12: Reads unfamiliar words in context in order to infer their meaning.

LO-Eng/VII/13: Refers dictionary, thesaurus and encyclopedia to find meanings / spelling of words while reading and writing to demonstrate research skills.

LO-Eng/VII/15: Reads a variety of texts for pleasure e.g. Adventure stories and science fiction, fairy tales, biography, autobiography, travelogue etc. (extensive reading) in order to demonstrate extensive reading skills.

LO-Eng/VII/16: Organizes sentences coherently in English/in Braille with the help of verbal and visual clues and with a sense of audience. (ASL)

LO-Eng/VII/19: Writes dialogues from a story and story from dialogues.

LO/Eng/VII/22: Identifies and appreciates significant literary elements such as – metaphor, imagery, symbol, simile, onomatopoeia, intention/point of view, rhyme scheme, etc.in order to demonstrate understanding of their significance in literature and narratives.

LO/Eng/VII/24: Raises and responds to questions based on texts (from books or other resources)in order to demonstrate curiosity and inquisitiveness skills.

misunderstood by adults?

- How do children often not understand adults?
- Needs of children and adults.

Fact File: Prepare a fact file on the life and works of Mary Shelley and present the same in front of the class.

Bio Sketch: Write a biosketch on Sarojini Naidu fondly called the "Nightingale of

India".

Talk It Out: Prepare a short

TED Talk on any

topic which you think might be of importance to students of your age. No theme, it's an open house! Make it an interactive session of 10 minutes. [Competency based learning Students will be guided to create a postcard by illustrating a place they would like to visit by using ten adjectives in a short message describing the pictures.

[Art Integration]

.com/watch?v=hoIPduR_egg

Sketch:https://www.youtube. com/watch?v=XWZHBIENX6Q

Adjectives :

https://www.khanacademy.or g/humanities/grammar/partsofspeech-the-modifier/introd uction-to-adjectives-and-articl es/v/intro-to-adjectives-v1 Transitive and Intransitive

Verbs:

https://www.youtube.com/wa tch?v=xUFo94TXwqc

Agreement of Subject and Verbs:https://www.youtube.c om/watch?v=fnNqO4dyHHE Primary and Modal

https://www.khanacademy.or g/humanities/grammar/partsofspeech-the-verb/verb-aspe ct-and-modal-verbs/v/modalverbsthe-parts-of-speech-gra

Prepositions:

mmar

Auxiliaries :

https://www.youtube.com/wa tch?v=HRZZIwIHeUM ward about his/her hopes and expectations and explain to them the importance of being hopeful and positive minded in one's life. Teach your ward how to write an application for opening a bank account.

Worry Eater: Make an attractive box and name it "worry eater box". Guide your ward to express himself/herself by putting their worry/anything troubling them on it. They can put their chit in the worry eater box. Sit on a weekend and open the box with your ward. Discuss their concerns and worries with them openly and provide the required guidance.

| CEA: 07.09.2022 | | | |
|-----------------|---|--|------|
| | W-itin - Chiller | | |
| | Writing Skills: LO-Eng/VII/17: Writes formal letters, personal diary, list, email, SMS, etc. | | |
| | LO-Eng/VII/18: Writes descriptions / narratives showing sensitivity to gender, environment and appreciation of cultural diversity. | | |
| | LO-Eng/VII/21: Writes a Book Review. | | |
| | Grammar: | | |
| | LO-Eng/VII/14: Uses appropriate grammatical forms in communication (e.g. Noun, pronoun, verb, determiners, time and tense, passivation, adjective, adverb, etc) in order to demonstrate comprehension and knowledge of their usage through a variety of situations. | | |
| | LO-Eng/VII/20: Visits a language laboratory. (ASL) | | |
| | Speaking Skills: | | |
| | LO-Eng/VII/4: Engages in conversations in English with family, friends, and people from different professions such as shopkeeper, salesperson etc. using appropriate vocabulary engages in conversations in English with family, friends, and people from different professions such as shopkeeper, salesperson etc. using appropriate vocabulary associated with various professions (e.g. cook, cobbler, farmer, blacksmith, doctor etc.). (ASL) LO-Eng/VII/5: Reads, listens and speaks about excerpts, dialogues, skits, short films, news and debate on TV and radio, | | |
| | audio-video programmes on suggested websites, etc. (ASL) | | |
| | LO-Eng/VII/6: Responds to different kinds of instructions, requests, directions in varied contexts viz. School, bank, railway station audio-video programmeson suggested websites. (ASL) | | |
| | LO/Eng/VII/25: Refers to suggested websites and uses all forms of ICT(such as,mobile,YouTube,TEDtalks,etc) to browse for information in order to prepare for projects/slides/discussions/etc. (ID) | | . s. |

| Before Half Yearly Exam 12.09.2022 To 18.09.2022 Working Days: 05 | Revision of the syllabus covered in Term Ivia worksheets, quizzes and revision tests. |
|---|---|
| Half Yearly Exam 19.09.2022to 30.09.2022 M.M.: 60 | Syllabus Covered in Term I. |
| • CB: C | Course Book WB: Workbook M.M: Maximum Marks SDG: Sustainable Development Goal |

| Subject: Mathematics Syllabus: | | Syllabus: 2022-2023 | | Class : VII | | |
|---|---|---|---|---|---|--|
| Prescribed Bo | ooks: CB - NCERT Mathemati | ics VII | WB - I | WB - NCERT Exemplar Mathematics VI | | |
| TEST / EXAM (M.M.) | CONTENTS TO BE COVERED | LEARNING OUTCOMES | CLASS ACTIVITIES | USE OF ICT/LABS | PARENTS' INVOLVEMENT | |
| Prerequisite Knowledge Session 01.04.2022 To 05.04.2022 Working Days: 03 | Integers (Basic) Basic Geometrical Ideas and Understanding Shapes Fractions (Basic) Mensuration | | | the given topics: - Integers - Basic Geometrical Ideas and Understanding Shapes - Fractions | with your ward using the concepts from the chapters- Integers or | |
| Term- I 06.04.2022 To 11.09.2022 Working Days: 75 | Ch - 1: Integers CEA: 21.04.22 Ch - 2: Fractions and Decimals CEA: 9.05.22 Ch - 5: Lines and Angles CEA: 4.07.22 Ch - 6: Triangle and its Properties CEA: 20.07.22 Ch - 4: Simple Equations CEA: 4.08.22 Ch - 9: Rational Numbers CEA: 23.08.22 Ch - 8: Comparing Quantities CEA: 9.09.22 | Ch-1 LO-M/VII/1.1-Applies rules for multiplication and division in order to solve problems involving two integers with same or different signs (D) Ch-2 LO-M/VII/2.1-Applies repeated addition and subtraction in order to interpret the division and multiplication of fractions. LO-M/VII/2.2-Expresses a fraction as percentages and decimals in order to solve daily life problems (D) LO-M/VII/2.3-Applies algorithms for multiplication and division in order to multiply and divide fractions /decimals. (D) LO-M/VII/2.4-Calculates the simple form of a fraction in order to distinguish quantities that are in proportion. (D) Ch-5 LO-M/VII/5.1-Classifies pairs of angles based on their properties in order describe linear, supplementary, complementary, adjacent and vertically opposite angles. (D) Ch-6 LO-M/VII/6.1-Applies angle sum property of a triangle to calculate unknown angles of a triangle when its two angles | Underwater diving, as a human activity, is the practice of diving into water with special breathing equipment. What is the industrial standard depth limit for recreational divers? What are the various types, advantages and disadvantages of under-water diving? On July 11,2018, a team of divers rescued young Thai boys from a cave. Find out more about it. Prepare/Present a Report for the | Related videos will be shown for the given topics: Integers https://www.youtube.com /watch?v=5oHJcmYbHvA Fractions & Decimals https://youtu.be/i0oGoCF xIZ4 Lines and angles https://youtu.be/8MM3r30 JrGQ Triangle and Its Properties https://youtu.be/RazcrleH yHA Simple Equation https://youtu.be/IN20VrP mxdk Rational Numbers https://www.youtube.com /watch?v=SQ4cB9yXkHM& t=1s Comparing quantities | Integers: Discuss with your ward, the real-life examples where negative numbers are used. Help him/her to search such situations from the newspaper. Fractions and Decimals: Give ample practice on real life application based problems from the website www.meritnation.com Lines and Angles: Help your ward in preparing a collage on 3-D monuments and label the lines and angles in it. Triangle And Its Properties: Discuss with your ward different properties of triangles, and help him/her explore more about them. Simple Equations: Assist your ward in framing equations for real life situations like age | |

are known. (D) https://www.youtube.com problems, time - distance questions, same. time taken and work done etc. You can watch the Ch-4 /watch?v=B4_T6-rc35Y documentary to LO-M/VII/4.1-Translates a real-life situation in the form of a https://www.youtube.com Rational Numbers: simple algebraic equation in order to arrive at a generalized prepare the /watch?v=v1Ph1i9KzAQ Encourage your ward to practice extra problem and solution for the situation (D) reporthttps:// problems from Reference Books. **Mathematics Lab** Ch-9 www.youtube.com/w Comparing Quantities: $atch?v=x_k$ LO-M/VII/9.1-Applies appropriate mathematical operations Activities: Take your ward to a bank and discuss iX0uUDNI&t=675s on rational numbers in order to solve problems related to Activity 5: To verify the the bank transactions and its [Joyful Learning] daily life situations (D) properties of parallel lines. operations (especially interest) which You are the Activity: To verify Ch-8 would help him / her in understanding LO-M/VII/8.1-Applies algorithm to calculate percentages in Marketing Manager Pythagoras Theorem. the concept. order to calculate profits, loss and rate of interest in simple of a Bank. Present a interest calculation. (D) Sales Pitch to persuade a person to deposit money with your bank or take a loan from your bank. To research, you may visit nearby banks or look at their online forums. Find out new schemes of deposits. Compare the rates of interest for different duration of time offered by different banks. Also, State which bank would be ideal for saving money. [Research work] Prepare a book cover by painting of any art/dance form based on Mathematical Shapes. [Warli Art, Mandala Art, etc] [Art Integration] Sustainable Development What is the carbon footprint of the transport you use to get to school? Or the carbon footprint of the transport/energy of your household? How much water is required by an individual for drinking, washing, What is your family's total water consumption for a month? How much electricity

| | · · · · · · · · · · · · · · · · · · · | To the state of th |
|---|---|--|
| Refore Half | Devision of the syllabus covered in Torm I | is required to power 3 different devices per month? What is the electricity consumption of your household in the Summer and Winter Season? In your city what percent of the average family income is spent on housing? Which is the most expensive city to live in the world? How many trees could be planted in your city and where ? Reflect on the answers you get for the above mentioned questions and elucidate what can be done from your end to achieve sustainable development for all. [SDG- 6,7,11,13,15] Suppose your Father's/Mother's Annual Income is Rs. 15 Lakhs. How much Income tax will be paid by him/her? Calculate the income tax. Show your calculations. Also, find out how do businesses and individuals evade paying their full amount of taxes? [SDG 16] |
| Before Half Yearly Exam | Revision of the syllabus covered in Term I. | |
| 12.09.2022 To 18.09.2022 Working Days: 05 | | |
| Half Yearly Exam 19.09.2022 to 30.09.2022 | Syllabus Covered in Term I. | |

M.M.: 60

Note: Reference Books: 1. Mathematics, Class VII by R.D. Sharma 2. Learning Mathematics, Class VII by M.L. Aggarwal

CB: Course Book
 WB: Workbook
 M.M: Maximum Marks
 SDG: Sustainable Development Goal

Class : VII Subject: Science Syllabus: 2022-2023 Prescribed Books: 1. Science -Textbook for Class VII (NCERT) 2. Science Exemplar for Class VII (NCERT) **CLASS ACTIVITIES** TEST / USE OF ICT/LABS CONTENTS TO BE EXAM LEARNING OUTCOMES PARENTS' INVOLVEMENT COVERED (M.M.) To solve worksheets Flower Structure Videos will be shown for the given Parents will dry out the Prerequisite on topic flower Knowledge Electric Current topics: - Flower Structure - Electric flowers and prepare a Session Light structure, Electric Current - Light beautiful greeting card for 01.04.2022To their ward. The card can be current and light. 05.04.2022 kept as a memory or Working utilized in further project Days: 03 work during the session. Ch 1: Nutrition in Plants Ch 1: Nutrition in Plants Ch 2: Nutrition in Ch 1: Nutrition in Plants: 1. Visit a dentist with your LO-Sc/VII/2: Differentiates materials and organisms such https://www.youtube.co Animals (Class ward for dental check up as, digestion in different organisms; unisexual and bisexual Activity): Students and try to identify the CEA: 22.04.2022 m/watch?v=Kv0e5usW1 w8 flowers; conductors and insulators of heat; acidic, basic and Ch 2: Nutrition in Animals will research any two Ch 2: Nutrition in Animals 1. issues (if any) related with acts related to the neutral substances; images formed by mirrors and lenses, https://www.youtube.co their dental health. m/watch?v=GLHSzvBAS ac CEA: 11.05.2022 etc., on the basis of their properties, structure and function food industry of Maintaining a record of Ch 13: Motion and Time India and make a Ch 13: Motion and Time 1. these issues and measures LO-Sc/VII/4: Classifies materials and organisms based on small video clip on https://www.youtube.co taken to cure tem would be m/watch?v=8gh--3X6E5 w 2. CEA: 07.07.2022 properties /characteristics, e.g., plant and animal fibres; their relevance for a appreciated for better physical and chemical changes. (D) https://www.youtube.co Ch 11Transportatioin dental health. common man and Animals and Plants LO-Sc/VII/5: Conducts simple investigations on his/her own m/watch?v=xxla03DGRg Y 3. his/her nutrition. Prepare a balanced diet in order to seek answers to queries: (such as, can extract of [Research work] https://www.youtube.co chart along with your ward CEA: 25.07.2022 m/watch?v=Xq1Z3GcAQ No coloured flowers be used as acid-base indicator? Do leaves Ch 5: Acids, Bases and Salts [SDG 1 & 2] 2. Ch 1: and highlight with a bright CEA: 10.08.2022 other than green also carry out photosynthesis? Is white Nutrition in Plants color the food items which light composed of many colors?) (D) Ch 7: Weather, Climate and Ch 17: Forests: Our (Class Activity): help in boosting immunity. Term- I LO-Sc/VII/6: Relates processes and phenomena with Students will create Adaptations 1. Lifeline keep a check if the diet 06.04.2022 causes, e.g., wind speed with air pressure; crops grown https://www.youtube.co plan is being followed by CEA: 26.08.2022 their own species of To a) insectivorous m/watch?v=-1rZCv1mW Z8 2. Ch 18: Wastewater Story with types of soil; depletion of water table with human your ward for better https://www.youtube.co activities, etc. (D) plants and b) protection against diseases. 11.09.2022 m/watch?v=pJy1FQVUD uk 3. CEA: 08.09.2022 LO-Sc/VII/7: Explains processes and phenomena in order to parasitic plants and Identify the flora of Delhi Working https://www.youtube.co elate to science behind the phenomena/processes and mention their along with your ward. You Days: 75 develop scientific thinking skills: (such as, processing of m/watch?v=jLzprmI1I20 Ch 11: characteristics with a can simply identify the diagram of their animal fibers; modes of transfer of heat; organs and Transportation in Animals and Plants avenue trees present in the https://www.youtube.co systems in human and plants; heating and magnetic effects species. [Art city or you can identify the m/watch?v=kcQBhGFZx 90 2. of electric current, etc. (D) Integration] herbs, shrubs in your LO-Sc/VII/8: Writes word equation in order to express https://www.youtube.co garden or park. 'Trees of chemical reactions: (such as, acid-base reactions; m/watch?v=qrE6Y0Se8b w 3. Delhi' by Pradip Krishen can Ch 12: Transport in Animals and Plants corrosion; photosynthesis; respiration, etc.) (D) https://www.youtube.co be used as an easy and interesting reference for the LO-Sc/VII/10: Draws labelled diagrams/flow charts of (Class Activity): m/watch?v=XykBPdFhY Qo Ch 5: Identify your blood Acid, Bases and Salts 1. organisms/structures/processes in order to demonstrate activity. https://www.youtube.co knowledge of structure/processes/relationships: (such as, Prepare a creative cover group and research of organ systems in human and plants; electric circuits; m/watch?v=4Zq13W-0I U4 2. on the same. design using turmeric and experimental set ups; life cycle of silk moth, etc.) (D) Describe the https://www.youtube.co soap solution along with Ch 1: Nutrition in Animals m/watch?v=CH-57NtST MM Ch 17: significance of your ward. Help your ward Forests: Our Lifeline 1. LO-Sc/VII/1: Identifies materials and organisms, such as, donating blood and to identify the relation animal fibres; types of teeth; mirrors and lenses, on the write a short https://www.youtube.co between processes and

LO-Sc/VII/12: Constructs models using materials from surroundings and explains their working, e.g., stethoscope; anemometer; electromagnets; newton's colourdisc ,etc. (D) LO-Sc/VII/13: Discusses and appreciates stories of scientific discoveries (I) Ch 5: Acids, Bases and Salts LO-Sc/VII/2: Differentiates materials and organisms such as, digestion in different organisms; unisexual and bisexual flowers; conductors and insulators of heat; acidic, basic and neutral substances; images formed by mirrors and lenses, etc., on the basis of their properties, structure and function LO-Sc/VII/5: Conducts simple investigations on his/her own in order to seek answers to queries: (such as, can extract of coloured flowers be used as acidbase indicator? Do leaves other than green also carry out photosynthesis? Is white light composed of many colours?) (D) LO-Sc/VII/8: Writes word equation in order to express chemical reactions: (such as, acid-base reactions; corrosion; photosynthesis; respiration, etc.) (D) LO-Sc/VII/14: Applies learning of scientific concepts in daily life/real life situations in order to solve problems/give solutions/take preventive measures/etc.: (such as, dealing with acidity; testing and treating soil; taking measures to prevent corrosion; cultivation by vegetative propagation; connecting two or more electric cells in proper order in devices; taking measures during and after disasters; suggesting methods for treatment of polluted water for reuse, etc.) (D) Ch 17: Forests: Our Lifeline LO-Sc/VII/6: Relates processes and phenomena with causes, e.g., wind speed with air pressure; crops grown with types of soil; depletion of water table with human activities, etc. (D) LO-Sc/VII/10: Draws labeled diagrams / flow charts e.g., organ systems in human and plants; electric circuits; experimental set ups; life cycle of silk moth, etc. (D) LO-Sc/VII/14: Applies learning of scientific concepts in daily life/real life situations in order to solve problems/give solutions/take preventive measures/etc.: (such as, dealing with acidity; testing and treating soil; taking measures to prevent corrosion; cultivation by vegetative propagation; connecting two or more electric cells in proper order in devices; taking measures during and after disasters; suggesting methods for treatment of polluted water for reuse, etc.) (D) Ch 18: Wastewater Story LO-Sc/VII/1: Identifies materials and organisms, such as animal fibers; types of teeth; mirrors and lenses, on the basis of observable features, i.e., appearance, texture, functions, etc. (D) LO-Sc/VII/5: Conducts simple investigations to seek answers to queries, e.g., can extract of coloured flowers be used as acid-base indicator? Do leaves other than green also carry out photosynthesis? Is white light composed of many colors? (D) LO-Sc/VII/6: Relates processes and phenomena with causes, e.g., wind speed with air pressure; crops grown with types of soil; depletion of water table with human activities, etc. (D) LO-Sc/VII/10: Draws labeled diagrams / flow charts e.g., organ systems in humans and plants; electric circuits; experimental set ups; life cycle of silk moth, etc. (D)

| | LO-Sc/VII/14: Applies learning of scientific concepts in dayto-day life, e.g., dealing with acidity; testing and treating soil; taking measures to prevent corrosion; cultivation by vegetative propagation; connecting two or more electric cells in proper order in devices; taking measures during and after disasters; suggesting methods for treatment of polluted water for reuse, etc (D) LO-Sc/VII/15: Makes efforts to protect the environment, e.g., following good practices for sanitation at public places; minimizing generation of pollutants; planting trees to avoid soil erosion; sensitizing others with the consequences of excessive consumption of natural resources, etc. (ID) |
|---|--|
| Before Half Yearly Exam 12.09.2022 To 18.09.2022 Working Days: 05 | Revision of the syllabus covered in Term I. |
| Half Yearly Exam 19.09.2022 to 30.09.2022 M.M.: 60 | Syllabus Covered in Term I. |
| 2. Science po | nce Books: ch Universal Science-7 (Pearson) wer 7 -Srijan Publications A Science Textbook-7 (Cambridge Publications) |

Subject: Social Science Syllabus: 2022-2023 Class : VII

M.M: Maximum Marks

Prescribed Books: History: Our Past-II

CB: Course Book

Civics: Social and Political Life-II Geography: Our Environment

WB: Workbook

| | deography. O | di Environment | | | |
|---|---|-------------------|--|--|---|
| TEST / EXAM (M.M.) | CONTENTS TO BE COVERED | LEARNING OUTCOMES | CLASS ACTIVITES | USE OF ICT/LABS | PARENTS' INVOLVEMENT |
| Prerequisite Knowledge Session 01.04.2022 To 05.04.2022 Working Days: 03 | 1. States and Capital of India (1 pd) 2. Human Environment & its Interaction (2 pds) | | Debate: Is Industrialisation: A boon or a curse? | State & Capital Song: https://www.youtube.com/watch?v =JNQhpCOoD4w | Parents may discuss with their ward about the recent change in the demographic divisions of India. (Pre Reading Activity: Flipped Approach) |

SDG: Sustainable Development Goal

Kings and Kingdoms CEA: 13.04.22 II Ch 3: Delhi Sultans CEA: 29.04.22 III Ch 4 :The Mughal Empire CEA: 09.08.22

History

I Ch. 2 :New

Geography IV Ch 2 :Inside Our Earth Ch 3 : Our Changing

Earth CEA: 20.05.22 V Ch 4 :Air

Ch 5 :Water CEA: 2.9.22

Civics VI Ch 1: On Equality State Works

Ch 3: How the Government CEA: 22.07.22

Term- I

06.04.2022

11.09.2022

Days: 75

Working

To

History

Ch-2 LO-SS/VII/2.1 (H): Analyses sociopolitical and economic changes during

medieval period in order to compare it with present day time. (D) LO-SS/VII/2.2/7.1 (H): Describes, compares and contrasts the livelihood patterns and the geographical condition of the area inhabited, e.g., tribes, nomadic pastoralists and banjaras. In order to explain the relationship between livelihood

patterns and geography. (D) Ch-3

LO-SS/VII/3.1/4.1/9.1 (H):Analyses administrative measures and strategies for military control adopted by different kingdoms, e.g., the Khiljis, and Tughlugs, Mughals, etc.in order to compare and contrast them.

LO-SS/VII/3.2 (H): Draws comparisons between policies of different rulers. (D)

Ch-4

LO-SS/VII/3.1/4.1/9.1 (H): Analyses administrative measures and strategies for military control adopted by different kingdoms, e.g., the Khiljis, and Tughluqs, Mughals, etc.in order to compare and contrast them.

LO-SS/VII/4.2/10.1 (H): Draws comparisons between policies of different rulers in order to demonstrate evaluation skills. (D)

Geography

Ch-2

LO-SS/VII/2.1 (G): Identifies major layers of the earth's interior and their characteristics in order to construct a scientific explanation for the changes that take place on the surface of earth. (D)

Ch-3

LO-SS/VII/3.1 (G):Explains preventive actions to be undertaken in the event of disasters. (D) LO-SS/VII/3.2 (G):Describes

formation of landforms due to various factors. (D)

Ch-4

LO-SS/VII/4.1 (G):Explains composition and structure of the atmosphere in order to show understanding of the characteristics of the different layers. (D) LO-SS/VII/4.2 (G):Locates distribution and extent of different climatic regions on the world map or globe to understand the differences in climatic

Discussion & Debate:

- The Role of Humans in Global Warming.
- Organic Vs. Inorganic Farming (SDG

1,2,3,7,11,13) Identify on a political map of India the origin of Ganga and the regions it crosses during its course. Also prepare a short write up on how the project 'NamamiGange' is being implemented. (To be

Become your own director/Writer: Role play on different types of rulers that came in during Delhi Sultanate and explain their decline as your take of what could have happened. (Joyful Learning)

assessed)

Be an inventor: Make a working model of a seismograph using cardboard box, cup and New Kings and Kingdoms:

https://www.youtube.com/watc h?v=woS6_Mjnt18

Environment : https://www.youtube.com/watc

h?v=Whz0leipCol

Inside Our Earth: https://www.youtube.com/watch ?v=CNcwRy8VXMk

Role of Government in Health :

https://www.youtube.com/watc h?v=y0rySZQ9rj4

How the State Government Works :

https://www.youtube.com/watch ?v=foXJjRn8Qa4 Mughal Empire - https://www.youtube.com/watch?v =rap7egg3Xdo

Tribes, Nomads and settled Communities -

https://www.youtube.com/watch?v = MMS-m2-v6M0 Our Changing Earth

https://www.youtube.com/watch?v=VOFw0sYoWvo Air -

https://www.youtube.com/watch?v =X1zf4KhKHWc

Water -

https://www.youtube.com/watch ?v=tfaCGITxtJ4

- Discuss with your ward how man is degrading the environment.
- Parents may discuss the active and inactive behavior of the government towards healthcare and students shall submit the report of the same in the class.
- Parents may discuss the history of any of the Mughal rulers with their wards.
- Parents may make their wards aware about the Do's and Don'ts during an earthquake by conducting a drill at home.
- Enjoy the virtual tour of Delhi's Iconic Monuments with your ward using the link given below and discuss with him/her about their learnings from the chapter Delhi Sultans and Rulers and Buildings.

https://youtu.be/KEZIHqH0AYo

Scanned with CamScanne

| | pattern in different countries. (D) |
|----------------------------|---|
| | LO-SS/VII/4.3/5.1 (G): Shows |
| | sensitivity to the need for conservation |
| | of natural resources-air, water, |
| | energy, flora and fauna - in order to |
| | |
| | describe how to protect and conserve |
| | the environment.(ID) |
| | LO-SS/VII/4.4/7.2 (G): Analyses |
| | factors contributing to pollution in |
| | their surroundings and lists measures |
| | to prevent it in order to understand |
| | how to protect and conserve the |
| | environment. (D) |
| | Ch-5 |
| | LO-SS/VII/4.3/5.1 (G): Shows |
| | sensitivity to the need for conservation |
| | of natural resources-air, water, |
| | energy, flora and fauna - in order to |
| | describe how to protect and |
| | conserve the environment. (ID) |
| | Civies |
| | Civics Ch-1 |
| | |
| | LO-SS/VII/1.1 (C): Explains the |
| | significance of equality in democracy. |
| | (D) |
| | LO-SS/VII/1.2/10.1 (C): Explains the |
| | characteristics of political equality, economic equality, and social equality |
| | in order to distinguish between them. |
| | |
| | (D) LO-SS/VII/1.3/10.2 (C): Interprets |
| | social, political and economic issues in |
| | one's own region with reference to the |
| | right to equality (D) |
| | LO-SS/VII/1.3/10.2 (C): Interprets |
| | social, political and economic issues in |
| | one's own region with reference to the |
| | right to equality (D) |
| | Ch-3 |
| | LO-SS/VII/2.1/3.1 (C): Explains the |
| | roles, functions, salient features of |
| | local government and state |
| | government in order to differentiate |
| | between the two. (D) |
| | LO-SS/VII/3.2 (C): Describes the |
| | process of election to the legislative |
| | assembly. (D) |
| | LO-SS/VII/3.3 (C): Locates one's own |
| | constituency on assembly constituency |
| | map of state /UTs and names local |
| | MLA. (D) |
| | |
| Before Half Yearly Exam | Revision of the syllabus covered in Term I. |
| 40.00.000 | |
| 12.09.2022 | |
| To | |
| 18.09.2022 | |
| Morking | |
| Working | |
| Days: 05 | |

Half Yearly Exam 19.09.2022 to

Syllabus Covered in Term I.

30.09.2022 M.M.: 60

CB: Course Book WB: Workbook M.M: Maximum Marks SDG: Sustainable Development Goal Subject: हिन्दी Syllabus: 2022-2023 Class : VII Prescribed Books: वसंतभाग - 2 (N.C.E.R.T) बाल महाभारत (N.C.E.R.T) व्याकरण परिचय (Forever) USE OF ICT/LABS TEST / CONTENTS TO BE **CLASS ACTIVITIES** LEARNING OUTCOMES PARENTS' INVOLVEMENT EXAM(M.M.) COVERED विद्यार्थियथीं के लिए अभ्यास अभिभावक गद्यांश व पद्यांश में आए कठिन शब्दों को विद्यार्थी अध्यापिका द्वारा दी गए प्रति विविवित पत्रिका गद्यांश और पद्यांश Prerequisite को भरेंगे और अपने ज्ञान को परिष्कृत करेंगे। लिखवाकर व हिन्दी अखबार/किताब द्वारा विद्यार्थी को नए (1 pd) Knowledge https://www.liveworks शब्दों का अभ्यास कराएँगे। भाषा, लिपि, Session व्याकरण और 01.04.2022 ets.com/uj1988573mb To05.04.2022 वर्ण, Working Days: शुद्धिकरण 03 (2 pd) LO-H/VII/1 विविध प्रकार की रचनाओं को पढ़कर समूह में कॉलाज निर्माण: विभिन्न पक्षियों के चित्रों व उनकी वसंत पाठ्यपुस्तक -हम पंछी उन्मुक्त अभिभावकों द्वारा पर्यावरण सुरक्षा, एवं जल संरक्षण की पाठ - 1 जानकारी देना। इन विषयों पर जानकारी देते हुए बच्चों से 1. हम पंछी उन्मुक्त गगन के चर्चा करते हैं। अपने पालतू-पशु या पक्षी के साथ अपने संबंध पर गगन के विशिष्टाओं के माध्यम से एक कॉलाज बनाएँ। https://youtu.be/hlLt55X चर्चा कर पाएंगे । किसी सामग्री को पढ़ते हुए लेखक द्वारा रचना के 2. दादी का खाना खज़ाना : अपनी दादी माँ से कोई भी CEA: 11.04.22 लेख लिखवाना। 2. दादी माँ Tn5c हिमालय की सहायक नदियों का ज्ञान देते हुए इस पर्यटन के परिपेक्ष्य में कहे गए विचार को समझकर और अपने-अपने अनुभवों मन पसदं व्यजंन की विधि सीखते हुए उसके आगाज़ पाठ - 2 दादी माँ के साथ उसकी संगति, सहमति या असहमति के संदर्भ में अपने CEA: 20.04.22 सेचरम तक की प्रक्रिया में अपने योगदान को प्रमाणित आमोदजनक व रोचक अनुभव विद्यार्थियों के साथ साझा करें https://youtu.be/S3n8Zqt 3. हिमालय की बेटियाँ करते हुए विडियो बनाइए। विचार अभिव्यक्त करते हैं। और सफ़र के दौरान खींचे गए चित्रों से 'कुटुंब पादप' बनाएँ। kp6c CEA: 27.04.22 3. कठपतुली कला :विद्यार्थी अपनी सजृनात्मकता का (Family Tree) हिमालय की बेटियाँ पाठ-3 4. कठपुतली LO-H/VII/2 किसी चित्र या दृश्य को देखने के अनुभव अपने प्रयोग करते हुए कागज़, क पड़े आदि का इस्तमाल करते https://youtu.be/IZJGI74 CEA: 04.05.22 अपनी संतान के प्रति अपने प्रेम को दर्शाते हुए एक ग्रीटिंग ढंग से मौखिक/सांकेतिक भाषा में व्यक्त करते हैं। (ID) हुए कठपतु ली बनाइए। THqQ 5. मिठाईवाला कार्ड बनाइए। 4. निवधंलेखन : 'संतुलित आहार सेहत के सलाहकार' कठपुतली CEA: 11.05.22 LO-H/VII/3 अपने परिवेश में मौजूद लोक-कथाओं और ttps://www.youtube.com/watch?v=ign6de4oh00 विषय पर निवधं लिखिए। (SDG-3) https://youtu.be/nOCoK 6. रक्त और हमारा शरीर लोक-गीतों के बारे में चर्चा करते हैं और उनकी सराहना करते हैं। 5. लघुएकांकी :'पापा खोगए' पाठ के आधार पर निर्जी **OTktmA** CEA: 17.05.22 पाठ-5 मिठाईवाला वस्तुओं का पात्र उदाहरण लेकर एक लघु एकांकी प्रस्तत् 7. पापा खो गए LO-H/VII/4 विविध कलाओं, जैसे हस्त कला, वास्तुकला, https://youtu.be/IF0YiU-Term- I कीजिए। CEA: 23.05.22 खेतीबाड़ी, नृत्यकला आदि से जुड़ी सामग्री में प्रयुक्त भाषा के प्रति Rypg 06.04.2022 9. चिडिया की बच्ची जिज्ञासा व्यक्त करते हुए उसकी सराहना करते हैं। (ID) पाठ-6 रक्त और हमारा To 06.07.22 शरीर 11.09.2022 10. अपूर्व अनुभव Working https://www.youtube.co LO-H/VII/5 विविध कलाओं, जैसे हस्त कला, वास्तुकला,

Days: 75

CEA: 12.07.22

CEA: 22.07.22

, विशेषण , मुहावरे ,

12. कंचा

व्याकरण -

खेतीबाड़ी, नृत्यकला आदि से जुड़ी सामग्री में प्रयुक्त भाषा के प्रति जिज्ञासा व्यक्त करते हैं, उन्हें समझने का प्रयास करते हैं।

LO-H/VII/6 अपने अनुभवों को अपनी भाषा शैली में लिखते

भाषा और व्याकरण, लिपि LO-H/VII/7 विभिन्न स्थानीय, सामाजिक एवं प्राकृतिक और साहित्य, वर्ण विचार, मुद्दों व घटनाओं के प्रति अपनी तार्किक प्रतिक्रिया देते हैं, जैसे संज्ञा, संज्ञा के विकार, बरसात के दिनों में हरा भरा होना? विषय पर चर्चा सर्वनाम , अनेक शब्दों के लिए एक शब्द , विलोम शब्द

> LO-H/VII/9 विभिन्न संवेदनशील मुद्दों/विषयों, जैसे जाति, धर्म, रंग, लिंग, रीति-रिवाज़ के बारे में लिखित रूप से अपनी तार्किक अभिव्यक्ति देना।

m/watchv=EcoAfnPqDZ

पापा खो गए पाठ-7 https://www.youtube.co m/watch?v=cLkjGRPBD चिड़िया की बच्ची

पाठ-9 https://www.youtube.co m/watch?v=gF_ntwWQh पाठ-12 कंचा

https://youtu.be/Hshi72Z

| Before Half Yearly Exam | शुद्धिकरण बाल महाभारत कथा - महाभारत कथा से यक्ष-प्रश्न पुनरावृत्ति साहित्य परीक्षा व्याकरण परीक्षा लेखन: पत्र , चित्र वर्णन, अनुच्छेद लेखन Revision of the syl | LO-H/VII/10 किसी पाठ्य वस्तु को पढ़ने के दौरान समझने के लिए ज़रूरत पड़ने पर अपने किसी सहपाठी या शिक्षक की मदद लेकर उपर्युक्त संदर्भ सामग्री जैसे शब्दकोश, मानचित्र, इंटरनेट या अन्य पुस्तकों की मदद लेते हैं। LO-H/VII/12 भाषा की बारीकियों/व्यवस्था तथा नए शब्दों का प्रयोग करते हैं। जैसे - किसी किवता में प्रयुक्त शब्द, पदबंध का प्रयोग करते- आप बढ़ते हैं तो बढ़ते ही चले जाते हैं या जल रेल जैसे प्रयोग | | | |
|--|---|--|--|--|--|
| 18.09.2022 To 18.09.2022 Working Days: 05 | | | | | |
| Half Yearly Exam 19.09.2022 to 30.09.2022 M.M.: 60 | Syllabus Covered in | n Term I. | | | |
| CB: Co | CB: Course Book WB: Workbook M.M: Maximum Marks SDG: Sustainable Development Goal | | | | |

Subject: संस्कृत Class : VII

Prescribed Books: संस्कृतज्ञानज्योति :द्वितीयभाग

| EST / EXAM (M.M.) | CONTENTS TO BE | CLASS ACTIVITY | USE OF ICT / LABS | PARENTS' INVOLVEMENT |
|---|--------------------------------------|----------------|---|---|
| Pre Requisite Knowledge Session 01.04.2022 To 05.04.2022 Working Days: 03 | आकारान्तस्त्रीलिंगशब्द (तीनोंवचन) | | आकारान्त स्त्रीलिंग शब्द (तीनोंवचन https://www.youtube.com/watch?v=ly1 udn7BU1U | विद्यार्थी से आकारान्त स्त्रीलिंग शब्दों की तालिका बनवाएँ |

| संस्कृतज्ञानज्योति :द्वितीयभाग पाठ - 1 ईशवंदना : CEA: 18/04/22 पाठ - 2 वार्तालाप : CEA: 26/04/22 पाठ - 4 संघेशक्ति : CEA: 10/05/22 पाठ - 6 परिश्रमेण एव सिद्धयन्तिकार्याणि CEA: 05/07/22 पाठ - 8 श्री जवाहर लाल नेहरू: CEA: 25/07/22 पाठ - 9 उपसर्गपरिचय : CEA: 23/08/22 व्याकरण विशेषण - विशेष्य: संस्कृतगिनती (1-30) | SEA 1 फ़्लैश कार्ड गतिविधि (विशेषण- विशेष्य:) SEA 2गिनतियों का सस्व रवाचन (1-30 तक) | संस्कृतगिनती (1-30) https://www.youtube.com/watch?v =DQWz2rKVdqc विशेषण- विशेष्यः https://www.youtube.com/watch?v =J_KaGiuFL5Y | विद्यार्थी को शिक्षा प्रद कहानियाँ सुनाएँ व उनसे संस्कृत पाठों का पठन कराएँ |
|--|--|---|---|
| Revision of the sy | llabus covered in Term I. | | |
| Syllabus Covered i | in Term I. | | |
| | पाठ - 1 ईशवंदना : CEA: 18/04/22 पाठ - 2 वार्तालाप : CEA: 26/04/22 पाठ - 4 संघेशक्ति : CEA: 10/05/22 पाठ - 6 परिश्रमेण एव सिद्धयन्तिकार्याणि CEA: 05/07/22 पाठ - 8 श्री जवाहर लाल नेहरू: CEA: 25/07/22 पाठ - 9 उपसर्गपरिचय : CEA: 23/08/22 व्याकरण विशेषण- विशेष्य: संस्कृतगिनती (1-30) Revision of the sy | पाठ - 1 ईशवंदना : CEA: 18/04/22 पाठ - 2 वार्तालाप : CEA: 26/04/22 पाठ - 4 संघेशक्ति : CEA: 10/05/22 पाठ - 6 परिश्रमेण एव सिद्धयन्तिकार्याणि CEA: 05/07/22 पाठ - 8 श्री जवाहर लाल नेहरू: CEA: 25/07/22 पाठ - 9 उपसर्गपरिचय : CEA: 23/08/22 व्याकरण विशेषण - विशेष्य: | ःद्वितीयभाग पाठ - 1 ईशवंदना : CEA: 18/04/22 पाठ - 2 वार्तालाप : CEA: 26/04/22 पाठ - 6 परिश्रमेण एव सिद्धयन्तिकार्याणि CEA: 05/07/22 पाठ - 8 श्री जवाहर लाल नेहरू: CEA: 23/08/22 याठ - 9 उपसर्यपरिचय : CEA: 23/08/22 याकरण विशेषण- विशेष्य: संस्कृतगिनती (1-30) |

Co-Scholastic

| Subject | Co-Scholastic Content to be covered |
|---------|---|
| ICT | Collins: Unit 1- Formulas and Functions in MS Excel Coding Sandpit: Unit 1- Solving Sudoku 4*4 Coding Sandpit: Unit 2- Solving Sudoku 6*6 Coding Sandpit: Unit 3- Solving Sudoku 9*9 Collins: Unit 2- Evolution of Storage Coding Sandpit: Unit 4- Counting Combinations-I Coding Sandpit: Unit 5- Counting Combinations-II Collins: Unit 3- Graphic Designing Coding Sandpit: Unit 6- Arrangement of Objects Coding Sandpit: Unit 6- Arrangement of Objects Coding Sandpit: Unit 8- Iterative processes Collins: Unit 4- Editing Images using GIMP Coding Sandpit: Unit 10- Information processing and Sorting Coding Sandpit: Unit 10- Information Techniques |

| General Knowledge | Collins Knowledge Lighthouse 7: World Around Us National Trees Lakes of the world A Trip to Japan Let's visit Argentina! Let's visit Bhutan! The Glorious Middle East Founders of the Nation Countries working Together Man-made Disasters Personalities Quiz Life Skills Fire Safety Etiquette on the Internet Our India Travelling in South India Beaches of India Mahabalipuram Renowned Indian Statues Cash crops of India Indian Railways Northeast India Stars Indian Vocalists Indian Directors Indian Directors Indian Diaspora UNESCO World Heritage Sites Literacy Skills Sweet Tech Newspapers of India Inventors as Nouns How Banks Work | | |
|-------------------|--|---|--|
| Value Education | Peace Rights and Responsibilities Freedom Respect and Courtesy Doing your best | | |
| | Object drawing (pg- 12 to 15) Still life study (pg-16) Rocks and tree (crayon and ink)(pg-18) Expression sheet (pg 62) Fun with patterns (pg 72) Peacock (pg 73) | Topic: Handmade Paper Jewellery Material required: A4 size pastel sheet 4-5 different coloured, quilling tool, craft varnish, coloured beads & sequence(with hole), aluminium craft wires, nylon string, paint brushes, hobby ideas fabric glue, etc. | |
| Art & Craft | Tree study (pg- 20 to 27) Face (Eyes, Nose) (pg- 44 & 45) Thumb Impression (pg 76) Spray painting (pg 79) Face (Ears & Lips) (pg- 46 & 47) Flower (pg- 28 to 30) Madhubani Art (pg 75) | Topic: Charcoal painting Material required: charcoal pencil , Eraser , Art file etc. | |

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|----------------------------------|---|
| Music | Vocal Music: Practice of 'Alankar' Practice of Qawwali Relation between 'Swar' and 'Alankar' Practice of Folk song and Patriotic song Instrumental Music: Practice of alankar on harmonium and santoor. Practice of teen taal (16 beats), Kehrwa taal (8 beats) and Dadra taal (6 beats.) on tabla and congo. Practice of different types of patterns in 4 beats, rhythm (Tabla, Drum and Congo.) Notation and practice of National Song. Notation and practice of school prayers 'Itni shakti humein dena data' and 'O Great God' along with rhythm. |
| Dance | Bharatnatyam & Contemporary Dance: Warm up, Learning facial expression related to different Rasa Practice of Tatta adavus Learning of Mudras Introduction of contemporary dance and related exercise and body posture Kathak Dance: Practice of Indian classical dance- Kathak (Tatkar, Hastak, That, Amad.) Practice of folk dance (Lavni) Basic classical dance steps, hand and neck movements Dance choreography |
| Dramatics | Practice on Speech, Diction and Body Language Practice and solo performance on various issues. Concept of stage play and script writing Presentation of a stage play |
| Health and Physical Education | Mock Drill (Safety related measures) About safety rules (Related to Game) General fitness exercise and specific exercise Common injuries in sports Make them to learn March past Calisthenics exercise with Prop and Without Prop Sports Drill Steps (with prop/ without prop) Fundamental skills Football, Badminton, Athletics, Volleyball, Kho- kho, Handball ,Basketball, Cricket, Throwball ,Table Tennis etc Fundamental skills of Rhythmic exercise Coordination between eyes ,hands and foot movement Test. Fitness Test (flexibility, coordination, balance and agility test) Yoga Basic warm up exercise including stretching exercise Surya Namaskar (10 times) Practice of Basic postures Basic warm up exercise including stretching exercise Chandra Namaskar (10 times) Practice of Sitting postures |

Subject: General Knowledge Session: 2022-23 Class: VII

Prescribed Books: Collins Knowledge Lighthouse 7; Current Affairs will be discussed on a regular basis.

TERM - I

| | Collins Knowledge Lighthouse 7 | Page no. | | | | |
|--------------|--------------------------------|-----------------|--|--|--|--|
| | World Around Us | World Around Us | | | | |
| | National Trees | Pg no. 10 | | | | |
| | Lakes of the world | Pg no. 15 | | | | |
| | A Trip to Japan | Pg no. 20 | | | | |
| | Let's visit Argentina! | Pg no. 26 | | | | |
| April'22 | Let's visit Bhutan! | Pg no. 36 | | | | |
| & | The Glorious Middle East | Pg no. 46 | | | | |
| May'22 | | | | | | |
| | Founders of the Nation | Pg no. 51 | | | | |
| | Countries working Together | Pg no. 62 | | | | |
| | Man-made Disasters | Pg no. 65 | | | | |
| | Personalities Quiz | Pg no. 78 | | | | |
| | Life Skills | Life Skills | | | | |
| | Fire Safety | Pg no. 17 | | | | |
| July'22 | Etiquette on the Internet | Pg no. 31 | | | | |
| | Our India | Our India | | | | |
| | Travelling in South India | Pg no. 12 | | | | |
| | Beaches of India | Pg no. 25 | | | | |
| | Mahabalipuram | Pg no. 30 | | | | |
| | Renowned Indian Statues | Pg no. 32 | | | | |
| | Cash crops of India | Pg no. 42 | | | | |
| | Indian Railways | Pg no. 54 | | | | |
| | Northeast India Stars | Pg no. 58 | | | | |
| August'22 | Indian Vocalists | Pg no. 66 | | | | |
| | Indian Sub-continent Authors | Pg no. 71 | | | | |
| | Indian Directors | Pg no. 74 | | | | |
| | Indian Diaspora | Pg no. 80 | | | | |
| | UNESCO World Heritage Sites | Pg no. 84 | | | | |
| | Literacy Skills | Literacy Skills | | | | |
| | Sweet Tech | Pg no. 38 | | | | |
| | Newspapers of India | Pg no. 50 | | | | |
| | Inventors as Nouns | Pg no. 44 | | | | |
| September'22 | How Banks Work | Pg no. 73 | | | | |

SUBJECT ENRICHMENT ACTIVITIES (2022-23)

Co-scholastic or Scholastic activities are an intrinsic part of a school's educational endeavour. The Intra Class Activity is a platform that facilitates our young learners to showcase their Attitude, Communication and Thinking Skills (ACT) incorporating the five domains (Cognitive, Moral, Social, Aesthetic and Physical) via strategically designed activities to promote the inculcation of 12 C's simultaneously. For each activity, the winners will be awarded with a e-certificate.

| Month | Dates (Proposed) | Name of the Activity | Activity details | Material Required | Learning Outcome | Subjects Integrated | Judgement | Judgement Criteria |
|------------------------|----------------------------------|-------------------------|------------------|----------------------|---|------------------------|---|-----------------------|
| 78.03 = 000.009 | (Mon) FR: 14.04.22 (Thurs) | Nature Theme: | | Presentation | observable features, i.e., appearance, texture, functions, etc. (LO-Sc/VII/1) | Social Science Math | Five best entries will be selected from each section in | As per the Rubrics. |

| 9 | | | • | | | | | |
|------|---|--|---|-------------------------|---|---|---|---------------------|
| | | Day World Heritage Day (Cognitive, Social, Moral) | India) and present a comparative analysis of how these sites provide crucial habitat for these iconic species via bilingual mode. | | Makes efforts to protect environment, e.g., following good practices for sanitation at public places; minimising generation of pollutants; planting trees to avoid soil erosion; sensitising others with the consequences of excessive consumption of natural resources, etc.(LO-Sc/VII/15) विभिन्न स्थानीय, सामाजिक एवं प्राकृतिक मुद्दों व घटनाओं के प्रति अपनी तार्किक प्रतिक्रिया देते हैं। (LO-H/VII/5) | Value Education (Card 9: Sensitivity towards Environment) | P.R. out of which best five will be selected and awarded from the class in F.R. | |
| | | | | | Thinks critically, compares and contrasts characters, events, ideas, themes and relates them to life. (LO/Eng/VII/9) | | | |
| | | | | | Refers to suggested websites and uses all forms of ICT(such as,mobile,YouTube,TED talks,etc) to browse for information in order to prepare for projects/slides/discussions/etc. (LO/Eng/VII/25) | | | |
| | | | | | Expresses a fraction as percentages and decimals in order to solve daily life problems.(LO/M/VII/2.2) Applies algorithms for multiplication and division in order to multiply and divide fractions /decimals. (LO/M/VII/2.3) | | | |
| | | 8 | | | Shows sensitivity to the need for conservation of natural resources— air, water, energy, flora and fauna - in order to describe how to protect and conserve the environment. (LO-SS/VII/4.3/5.1 (G)) | | | |
| July | PR: 11.07.2022(Mo n) FR: 14.07.2022 (Thurs) | National Youth Skills Day (Cognitive, Social, Moral) | Each student will prepare a presentation containing a travelogue using pictures and illustrations of a week-long trip to any destination in the Himalayan region, covering the following aspects: Budget for the trip, medicinal plants and natural vegetation found in that region, navigation map to reach the location, major tourist attractions and the folk dances/songs of that region. Present the same in bilingual mode (using English and Hindi both) in front of the entire class in order to promote the tourism of the selected destination. | Powerpoint Presentation | Participates in different activities in English such as role play, poetry recitation, skit, drama, debate, speech, elocution, declamation, quiz, etc., organized by school and other such organizations in order to demonstrate fluency and comprehension of the language. (LO-Eng/VII/3) Refers to suggested websites and uses all forms of | Social Science Math Science Hindi Value Education (Card 9: Sensitivity towards Environment) | Five best entries will be selected from each section in P.R. out of which best five will be selected and awarded from the class in F.R. | As per the Rubrics. |

| | | | Makes efforts to protect the environment, e.g., using resources judiciously; making controlled use of fertilizers and pesticides; suggesting ways to cope with environmental hazards, etc. (LO-Sc/VII/15) Shows sensitivity to the need for conservation of natural resources-air, water, energy, flora and fauna - in order to describe how to protect and conserve the environment. (LO-SS/VII/4.3/5.1 (G)) अपने परिवेश में मौजूद लोक-कथाओं और लोक-गीतों के बारे में चर्चा करते हैं और उनकी सराहना करते हैं। (LO-H/VII/3) | | | |
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For any queries/concerns, you may contact the respective class teacher/ the coordinator.

We hope that together we succeed in enriching the skills of our children and nurturing their aptitude considerably.

Mrs. Anjana Gupta

Headmistress (Head Of The School) Rukmini Devi Public School, Rohini